



Diagnosis:

- IHCp is a diagnosis of exclusion.
- generally the diagnosis is based on unexplained pruritus in pregnancy with raised bile acids or abnormal LFTs.
- The predominant symptom is pruritus(70%), especially of the palms and soles and is usually worst at night.
- Liver biopsy is usually not required for the diagnosis.
- recurs in subsequent pregnancies(60-70%).
- It can lead to chronic placental insufficiency which may result in anaemia, prematurity, perinatal death, foetal distress and stillbirth.
- Jaundice occurs in only 10% patients-usually mild.
- Pruritus usually disappears within days after delivery.
- Biochemical abnormalities usually resolve within 2 - 3 months.

7:20





Pregnancy
ence - 5 key questions ?

Diagnosis and Management

Systematic approach

Congress of
OBSTETRICS AND GYNAE



